

# Supported Rides (SR) 2024

Rochester Bicycling Club  
[rochesterbicyclingclub.org](http://rochesterbicyclingclub.org)



Rochester Bicycling Club (RBC) welcomes riders to SUPPORTED RIDES (SR), a less demanding series of rides. All rides are under 30mi with some suitable for families with children. Riders under 18 must be accompanied by an adult. Ride maps will be provided where needed. We ride as a loose group that will pause to regroup from time to time. We have selected rural and low-volume roads, as well as bicycle paths.

These rides are designed for those who want to ride with a group, develop their riding skills and not be left behind. RBC can help you achieve the skills you need to ride with confidence. To enjoy these rides, it is necessary to be physically conditioned and able to cycle for 2 hours at about 10-12 mph over some possible rolling terrain.

These rides have a NO RIDER LEFT BEHIND policy. The ride leader stays at the rear and can help with minor mechanical breakdowns, other problems, and offer encouragement and support. As you develop your riding skills, you will want to challenge yourself with longer rides, faster rides, and hills. "The more you do, the more you can do." In general, cycling experience and self-sufficiency are expected. Always bring a spare tube and water bottle. **Safety is our first concern; helmets are strongly encouraged.**

The **SR** rides and all of the other RBC rides are on Meetup. Be sure to check there for any updates as they approach.

[meetup.com/RBC-NY](http://meetup.com/RBC-NY)

**#11 Webster Park Ride - 15mi** Low traffic flat country roads.

**#130 Mendon Ponds Loop - 15mi** Ride around Mendon Ponds Park on gently rolling hills.

**#140 N.Chili - Churchville - 18mi** Quiet mostly flat roads makes for a nice ride.

**#169A Perinton Pancake - 15mi** Less traveled rolling roads around Perinton and Penfield.

**#183 Two Parks West - 18mi** Flat ride from Northampton to Churchville park and back.

**#187 Kelly's Apple Farm - 27mi** Ride close to the lake for cool temps in summer or cider and donuts in the fall. Mostly on flat roads.

**#216 Scottsville Strawberry Stroll - 18mi** Rolling country roads to Caledonia, Mumford and back. Stops at Reminisce Soda Fountain in Caledonia.

**#291 Lunch at Schoen place - 27mi** For west siders, starting from Longview Plaza in Greece. Canal path all the way (and back)!

**#311 Henpeck Hop - 23mi** Ride to Brockport and back on canal path with stop at Java Junction.

**#320 Ontario Lake & Ponds - 9mi** Neat ride past summer cottages as well as year-round homes on Lake Ontario. Includes stop in Braddock Bay Park.

**#326 Rikki's Return - 13mi** Fairport to Pittsford & back on canal path. Pittsford Dairy ice cream!

**#345A Amazing Grains to Muddy Waters - 22mi** Ride to Palmyra and back on canal path with refreshments at Muddy Waters.

**#347 Casey - Pultneyville - 18mi** Quiet roads plus stop at B Forman Park lakeshore to play on swings and skip stones. Ice cream at Pultneyville Deli.

**#358 Canal and River Trek - 16mi**

**#400 Schoen Place to Downtown - 22mi** Paved Erie Canal and Genesee River trails to downtown. Refreshments at Javas on Gibbs St.

**#366 Seneca Park - Turning Point - 12mi** Paved River Trail to the lake, views of both the river and gorge. Up gentle hill on the way back.

**#399 Greece Ponds - Ferry Terminal - 21mi** Wander through residential areas along the lake, on paved bike path and the pier on this flat ride.

**#425 Summer Breeze - 14mi** Sea Breeze to Genesee River and back through quiet lakeside neighborhoods and paved bike paths.

**#426 Martin-Oatka Parks - 18mi** Buddhist temple and a Yak?! Yes! on this ride from Henrietta thru Scottsville and back! Artisan Coffeehouse stop.

**#429 Cheese Factory Loop - 16mi** Rolling scenic country roads east of Mendon Ponds Park.

**#431A Wendy's Train - 21mi** This east side ride is mostly flat, yet surprisingly scenic. Few small hills.

**#433 Graveyard Shift Deux - 16mi** Takes Canal & River Trail from JCC to see Mt. Hope Cemetery!

**#436 The Lake, the Park, and Other Things - 17mi** Neat nooks & crannies in Durand and north Irondequoit. Several hills.

**#449 Lakeside Ride - 14mi** Flat, pleasant ride along Lake Ontario and the Parkway bike trail.

**#450 A Penfield State of Mind - 16mi** Nice suburban-to-rural rolling ride on the east side.

**#451 Sit & Sip on the Promenade - 15mi** BYO refreshments to sit & sip on the river downtown.

**#452 Way Out East - 16mi** Very scenic and rustic (unpaved) canal path beyond Palmyra to Newark.

**#457 Powder Mill - Mendon Meander - 13mi** Nice ride all on good gravel/dirt trails. Ice cream stop!

**#460 Hamlin Hustle - 24mi** From Hafner Park in Clarkson to Hamlin Beach for lake views. Possible stop at The Farmer's Table on the way back.

**#461 Way Out West - 19mi** Beautiful part of canal from Brockport to Fancher Rd (Orleans Cty). Stop to see Holley Falls. Coffee/ice cream in Brockport.

**#462 It's All Downhill From Here - 17mi** Scenic gentle uphill on the Auburn Trail from Powder Mills to Mertensia park. All downhill on the way back!

**#464 Nuevo Sandbar - 13mi** Neat Webster neighborhoods and Lake & Bay views. Stop at the Bay Inlet and end with a tailgate at Sandbar Park.

**#475 Pumpkin Hook Pump - 17mi** Get pumped on quiet, scenic, and gently rolling roads between Victor and Farmington.

**#476 Lehigh Valley Trail Trek - 16/24mi** Rail-trail from Mendon to the Genesee River and back.

**#478 Conjunction Junction 20mi** - Where cycling and coffee come together on the Canal path!

**#479 Oktoberfest Ride 14mi** - Ein Prosit der Gemütlichkeit! With a stop at Faircraft Brauhaus.

# 2024 RBC Supported Rides (SR) Schedule

Be sure to check [meetup.com/RBC-NY](https://www.meetup.com/RBC-NY) for updates!

Date	Day	Time	Name	Miles	Map	Location	Leader
4/20	Sat	9:00 AM	Seneca - Turning Point	12	366	Seneca Zoo Main Parking lot	MaryD
4/21	Sun	9:00 AM	Canal & River Trek	16	358	Back Parking lot, JCC, Edgewood Ave	DaveD
4/24	Wed	6:00 PM	Rikki's Return	13	326	Parking lot behind Rikki's, North Main St, Fairport	DaveM
4/27	Sat	9:00 AM	Amazing Grains to Muddy Waters	22	345a	Parking lot off Cobbs Lane just east of Turk Hill Rd	MikeL
4/28	Sun	9:00 AM	Graveyard Shift Part Deux	16	433	Back Parking lot, JCC, Edgewood Ave	Doreen
5/1	Wed	6:00 PM	Webster Park Ride	15	011	Holt Rd at Lake Rd (east side of Holt)	CarlaW
5/4	Sat	9:00 AM	The Hop Formerly Known As Henpeck	22	311	Henpeck Park, Ridgeway, Greece	MarkS
5/5	Sun	9:00 AM	North Chili - Churchville	18	140	North Chili Plaza, Buffalo Rd at Union St	MaryD
5/7	Tue	6:00 PM	Powder Mill - Mendon Meander	13	457	Powder Mills Park ski hill parking area off Woolston Rd	EddieE
5/11	Sat	9:00 AM	Casey Park - Pultneyville	18	347	Casey Park, Knickerbocker Rd, Ontario	RickE
5/12	Sun	9:00 AM	Lunch at Schoen Place	27	291	Long View Plaza, Long Pond Rd, Greece	JoeH
5/15	Wed	6:00 PM	Ontario Lake and Ponds	9	320	Island Cottage at Edgemere (across from Schallers)	EddieE
5/18	Sat	9:00 AM	Hamlin Hustle	24	460	Hafner Park, Rt 19 just north of Rt 104	EliseW
5/19	Sun	9:00 AM	Lakeside Ride	14	449	Abbott's lot, Beach and Lake, Charlotte	JoeH
5/22	Wed	6:00 PM	Seneca - Turning Point	12	366	Seneca Zoo Main Parking lot	LisaB
5/25	Sat	9:00 AM	Mendon Ponds Loop	15	130	Mendon Ponds Park, Douglas Rd Beach lot	MikeL
5/26	Sun	9:00 AM	Perinton Pancake	15	169a	Fellows Park, Fellows Rd, Fairport	Amy+BrentW
5/29	Wed	6:00 PM	Rikki's Return	13	326	Parking lot behind Rikki's, North Main St, Fairport	MarkS
6/1	Sat	9:00 AM	Summer Breeze	14	425	Parking lot off Seabreeze Dr near Culver, above Bill Grays	Doreen
6/2	Sun	9:00 AM	Martin - Oatka Park	18	426	Martin Rd Park, Martin Rd at Middle Rd, Henrietta	RickE
6/5	Wed	6:00 PM	Sit & Sip On The Promenade	15	451	Back Parking lot, JCC, Edgewood Ave	MaryD
6/8	Sat	9:00 AM	It's All Downhill From Here	17	462	Powder Mills Park ski hill parking area off Woolston Rd	BetsieM
6/9	Sun	9:00 AM	The Lake The Park and Other Things	17	436	Public Parking lot just south of Silk O'Laughlin's	JoeH
6/12	Wed	6:00 PM	Penfield State of Mind	16	450	Penfield Town Hall	Amy+BrentW
6/15	Sat	9:00 AM	Greece Ponds and Ferry Terminal	21	399	Greece Town Hall, Long Pond Rd, Greece	EliseW
6/16	Sun	9:00 AM	Schoen Place to Downtown	22	400	Right of Coal Tower, Schoen Place, Pittsford	BillL
6/19	Wed	6:00 PM	Seneca - Turning Point	12	366	Seneca Zoo Main Parking lot	Doreen
6/22	Sat	9:00 AM	Amazing Grains to Muddy Waters	22	345a	Parking lot off Cobbs Lane just east of Turk Hill Rd	MikeL
6/23	Sun	9:00 AM	Wendy's Train	26	431a	Rothfuss Park, 5 Mile Line Rd, Penfield	MelissaJ
6/26	Wed	6:00 PM	Powder Mill - Mendon Meander	13	457	Powder Mills Park ski hill parking area off Woolston Rd	Randy+BeckyF
6/29	Sat	9:00 AM	The Hop Formerly Known As Henpeck	22	311	Henpeck Park, Ridgeway, Greece	JoeH
6/30	Sun	9:00 AM	Two Parks West	19	183	Northampton Park, Hubbell Rd west lot	MelissaJ
7/3	Wed	6:00 PM	Rikki's Return	13	326	Parking lot behind Rikki's, North Main St, Fairport	CynthiaH
7/6	Sat	9:00 AM	Way Out East	16	452	Pal - Mac Aqueduct Park, just off Rt 31, Palmyra	BetsieM
7/7	Sun	9:00 AM	Way Out West	19	461	Clinton St just west of Main, Brockport (lot & street parking)	KenH
7/10	Wed	6:00 PM	Nuevo Sandbaro	13	464	Sandbar Park, Lake Rd, Webster	DaveM
7/13	Sat	9:00 AM	Pumpkin Hook Pump	17	475	Pumpkin Hook Park, Allen Padgham Rd, Farmington	Amy+BrentW
7/14	Sun	9:00 AM	Perinton Pancake	15	169a	Fellows Park, Fellows Rd, Fairport	JoeH
7/17	Wed	6:00 PM	Webster Park Ride	15	011	Holt Rd at Lake Rd (east side of Holt)	CarlaW
7/20	Sat	9:00 AM	Scottsville - Strawberry Stroll	18	216	Behind Union Presbyterian Church, Browns Ave, middle of lot	EliseW
7/21	Sun	9:00 AM	Lehigh Valley Trail Trek	24	476	HFL-Mendon Youth Baseball lot	Doreen
7/24	Wed	6:00 PM	Sit & Sip On The Promenade	15	451	Back Parking lot, JCC, Edgewood Ave	DonnaT
7/27	Sat	9:00 AM	Casey Park - Pultneyville	18	347	Casey Park, Knickerbocker Rd, Ontario	RickE
7/28	Sun	9:00 AM	Lunch at Schoen Place	27	291	Long View Plaza, Long Pond Rd, Greece	MelissaJ
7/31	Wed	6:00 PM	Ontario Lake and Ponds	9	320	Island Cottage at Edgemere (across from Schallers)	KenH
8/3	Sat	9:00 AM	Lakeside Ride	14	449	Abbott's lot, Beach and Lake, Charlotte	Doreen
8/4	Sun	9:00 AM	Canal & River Trek	16	358	Back Parking lot, JCC, Edgewood Ave	BillL
8/7	Wed	6:00 PM	Powder Mill - Mendon Meander	13	457	Powder Mills Park ski hill parking area off Woolston Rd	Randy+BeckyF
8/10	Sat	9:00 AM	Amazing Grains to Muddy Waters	22	345a	Parking lot off Cobbs Lane just east of Turk Hill Rd	JoeH
8/11	Sun	9:00 AM	Conjunction Junction	16	478	Back Parking lot, JCC, Edgewood Ave	DonnaT
8/14	Wed	6:00 PM	Rikki's Return	13	326	Parking lot behind Rikki's, North Main St, Fairport	DaveD
8/17	Sat		RBC Picnic - Andrew Spiller Rides				
8/18	Sun	9:00 AM	Graveyard Shift Part Deux	16	433	Back Parking lot, JCC, Edgewood Ave	TonyW
8/21	Wed	6:00 PM	Penfield State of Mind	16/13	450	Penfield Town Hall	Amy+BrentW
8/24	Sat	9:00 AM	Casey Park - Pultneyville	18	347	Casey Park, Knickerbocker Rd, Ontario	JoeH
8/25	Sun	9:00 AM	Summer Breeze	14	425	Parking lot off Seabreeze Dr near Culver, above Bill Grays	EddieE
8/28	Wed	6:00 PM	Webster Park Ride	15	011	Holt Rd at Lake Rd (east side of Holt)	CarlaW
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9/14	Sat	9:00 AM	Cheese Factory	15	429	Mendon Ponds Park, Douglas Rd Beach lot	MikeL
9/15	Sun	9:00 AM	Kelly's Apple Farm	27	187	Stutson St Plaza, Pattonwood Dr at Thomas	MaryD
9/18	Wed	5:30 PM	Ontario Lake and Ponds	9	320	Island Cottage at Edgemere (across from Schallers)	Doreen
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10/2	Wed	5:30 PM	Octoberfest Ride	14	479	Parking lot behind Rikki's, North Main St, Fairport	EddieE
10/5	Sat	9:00 AM	It's All Downhill From Here	17	462	Powder Mills Park ski hill parking area off Woolston Rd	MikeL
10/6	Sun	9:00 AM	Pumpkin Hook Pump	17	475	Pumpkin Hook Park, Allen Padgham Rd, Farmington	MelissaJ
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10/12	Sat	9:00 AM	Hamlin Hustle	24	460	Hafner Park, Rt 19 just north of Rt 104	Louie
10/13	Sun	9:00 AM	Seneca - Turning Point	12	366	Seneca Zoo Main Parking lot	EddieE
10/19	Sat	9:00 AM	The Lake The Park and Other Things	17	436	Public Parking lot just south of Silk O'Laughlin's	MelissaJ
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